

# AIKI COMBAT JUJITS

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## 2nd Brown Belt Manual

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# Aiki Combat

## 2nd Brown Belt Requirements

1. Release Technique 4
2. Spider Single lapel
3. King Cobra front choke
4. Heaven and Earth hook punch
5. Python jab
6. Crossbow jab
7. Whirlwind cross
8. Shogun hook punch
9. Longsword hook punch
10. Ax ground defense
11. Thunder roundhouse kick
12. Sickle front kick
13. Scorpion overhead knife
14. Hammer knife
15. King Crocodile knife
16. Soldier knife
17. Jab cross drill

## 1. Release Technique 4: rear choke

### Defense:

Counter grab attacker's arm with your left arm and you use your head to put weight on the attacker's arm as you place your right foot to 12:00. Maintaining the grab step left to 12:00 as you take the attacker down, right punch to face.



## 2. Spider: Single lapel

### Defense:

Left hand counter grabs attacker's hand. Your right hand rakes across attacker's eyes as you wrap your right hand under and around attacker's right arm. Counter grab your left hand and you pull them into a choke. Drop down to your right knee as you pull in the choke.





### 3. King Cobra: front choke

#### Defense:

Step to 12:00 with your right foot along with an inverted punch. Right hand comes from under the attacker's right arm and counter grab the arm as you pull down and drop to your right knee for the takedown.





#### 4. Heaven and Earth: hook punch

**Defense:**

Step out left as you block with an extended outward block, then step right with a forearm to the throat as you step right pointing fingers down towards the ground as you are stepping.

